

**LORETO COLLEGE**  
**PSYCHOLOGY HONOURS**  
**TIME PLAN 2021 - 2022**  
**January 2022 – June 2022**

**Name of the teacher : DR. DINAZ R. JEEJEEBHOY**  
**Initials : DJ**

**Teaching Objective:**

- To impart knowledge and understanding of concepts
- To encourage reading beyond classroom text
- To prepare students to understand the human mind and behaviour

**Semester VI (Psychology Honours)**  
**Topic-wise Time Plan**

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
<b>CORE COURSE 14: COUNSELLING PSYCHOLOGY</b>	12	<b>Unit 1: Introduction:</b> Nature and Goals; Counselling as a profession; professional ethics (Latest version of American Counselling Association – ACA); The effective counsellor: personality characteristics; Counselling status of counselling psychology in India	Lecture coupled with power point presentation, interaction with and participation of students and classroom discussion	To develop an understanding of basic concepts, processes, and techniques of Counselling.	Continuous Internal Assessment, Home and class assignments and University Examinations
	12	<b>Unit 4: Counselling Applications:</b> Child Counselling; Family Counselling; Career Counselling; Crisis Intervention: suicide, grief, and sexual abuse		To acquaint the learner with the challenges of Counselling and application of counselling in various fields.	
<b>PRACTICAL CORE COURSE 14: COUNSELLING PSYCHOLOGY</b>	2 per week	Dysfunctional Attitude Scale	Demonstration, Exploration and Lecture	Understanding the methodology of data collection Further,	Continuous Internal Assessment, Home and class assignments,

				understanding how to score and analyse the data collected.	recording of practical work done in the file and University Examinations
<b>DSE-B -04: COMMUNITY PSYCHOLOGY</b>	12	<b>Unit 1: Introduction:</b> Definition of community psychology; types of communities; models.	Lecture coupled with power point presentation, interaction with and participation of students and classroom discussion	To learn what are communities, what is community psychology, its types and models and in the process learn about the link between individuals and communities and deal with social issues more effectively with people's participation.	
<b>PRACTICAL DSE-B -04: COMMUNITY PSYCHOLOGY</b>	2 per week	Family Environment Scale	Demonstration, Exploration and Lecture	Understanding the methodology of data collection Further, understanding how to score and analyse the data collected.	Continuous Internal Assessment, Home and class assignments, recording of practical work done in the file and University Examinations

**Name of the teacher: DR. SAYANTANI CHATTERJEE**

**Initials: SC**

**Teaching Objective:**

To impart comprehensive knowledge

To provide guidance beyond textbooks

To prepare students for higher education

## 6th Semester Topic-wise Time Plan- Honours

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	12	Core Course 13: Organizational Behaviour: Unit 1: Introduction:  Historical antecedents, Scientific management & Human Relations Movement; Contemporary Trends and Challenges; Organizational Behavior: Challenges in the Indian Setting	Lecture	Gathering knowledge about the fundamentals of the discipline of Organizational Behaviour and Human Relations. Learning about the specific applications at the individual level of employee and employer	Continuous Internal Assessment, Internal Examinations and University Examinations
	14	Unit 2: Individual level processes: Employee attitudes:  Job satisfaction, Organizational Commitment, Organizational Citizenship Behaviour; Work Motivation; Early theories; Contemporary theories and applications; Job Characteristics Model & Job Redesign			
2	7	Core Course 13: Organizational Behaviour: Practicum  Emotional Intelligence: Determination of Emotional Intelligence using Emotional Intelligence Scale (EIS) by Hyde, Pete & Dear (2002).	Lecture and Demonstration	Hands-on-training on administration of psychometric tests and interpretation of data	Continuous Internal Assessment, Internal Examinations and University Examinations
3	.....	Core Course 14: Counselling Psychology	.....	.....	.....

		<b>No Portion Alloted</b>			
4	14	Discipline Specific Elective (DSE): DSE-A-02: Human Resource Management: Unit 2: Human Resource Practices:  Job analysis; Recruitment and selection; Training; Performance evaluation	Lecture	Gathering knowledge about the different dimensions of Human Resource Management and its specific applications in the workplace	Continuous Internal Assessment, Internal Examinations and University Examinations
5	10	Discipline Specific Elective (DSE): DSE-A-02: Human Resource Management: Practicum  Semi-structured Interview on Entrepreneurship and compared with Entrepreneurship Scale by Vijaya & Kamalabhan (1998) which assesses entrepreneurship motivation.	Lecture and Demonstration	Hands-on-Training and developing an understanding about psychometric tools and assessment	Continuous Internal Assessment, Internal Examinations and University Examinations
6	.....	Discipline Specific Elective (DSE): DSE-B-04:Community Psychology <b>No Portion Alloted</b>	.....	.....	.....

**Name of the teacher: DR. JHELM PODDER**

**Initials: JP**

**Teaching Objective:**

- To develop an understanding of basic concepts, processes, and techniques of Counselling.
- To acquaint the learner with the challenges of Counselling.
- To help students understand the various processes and issues inherent in organizations related to human resources.

#### **6<sup>th</sup> Semester Topic-wise Time Plan - Honours**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
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1	12	<b>CORE COURSE 14</b> <b>COUNSELLING PSYCHOLOGY</b> <b>UNIT 2:</b> Counselling Process: Building counselling relationships; Working in a counselling relationship; Closing counselling relationships	Lecture and PowerPoint presentation	Gaining conceptual understanding of counselling processes and its steps.	Continuous Internal Assessment, Internal Examinations and University Examinations
2	12	<b>CORE COURSE 14</b> <b>COUNSELLING PSYCHOLOGY</b> <b>UNIT 3:</b> Techniques of Counselling: Psychoanalytic techniques; Humanistic techniques; Behavioural techniques; Cognitive techniques; Indian techniques: Yoga and Meditation	Lecture and PowerPoint presentation	Gaining knowledge about different techniques of counselling	Continuous Internal Assessment, Internal Examinations and University Examinations

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
3	4	<b>CORE COURSE 14</b> <b>COUNSELLING PSYCHOLOGY</b> <b>PRACTICUM</b> <b>UNIT 1</b> Interest Guilford, J.S. & Zimmerman, W. S. (1963, 1989, Copyright). Guilford- Zimmerman Interest Inventory. Consulting Psychologists Press Inc. 3803 E. Bayshore Road. Palo Alto, CA 94303.	Lecture, and demonstration	Gaining knowledge about conducting the test and understanding the method of scoring and means of interpretation	Practical File Work, Home Assignments, Continuous Internal Assessment, Internal Examinations and University Examinations
4	10	<b>DSE-A -02: HUMAN RESOURCE MANAGEMENT</b> <b>UNIT 4</b>	Lecture and short video showcasing	Gaining detailed and comprehensive	Continuous Internal Assessment, Internal

		Organizational change and development: Organizational change: concepts, models (one model), techniques (one for individual and one for group)		knowledge about HRM	Examinations and University Examinations
5	14	<b>DSE-B -04: COMMUNITY PSYCHOLOGY</b>  <b>UNIT 2:</b>  Core values: Individual and family wellness; sense of community; respect for human diversity; social justice; empowerment and citizen participation	Lecture and PowerPoint presentation	Gathering detailed knowledge	Continuous Internal Assessment, Internal Examinations and University Examinations

**Name of the teacher: DR. Saoni Banerjee**

**Initials: SB**

Teaching Objective:

To impart comprehensive knowledge

To provide guidance beyond textbooks

To prepare students for higher education

#### 6th Semester Topic-wise Time Plan- Honours

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	16	<u>Core Course</u> : <b>DSE-A -02: Human Resource Management:</b> <b>Unit 3:</b> International human resource management (IHRM) The context of Globalization, Role of culture in IHRM, Dimensions of Cultural difference (Hofstede), Policies and practices in the multinational enterprise.	Lecture	Understanding of the interconnection between culture, normative practices, habitats and the functioning of professional organizations.	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	2 hrs/ week	<u>Core Course</u> : <b>DSE-A -02: Human Resource Management:</b> <b>Practicum:</b> 1. Career Maturity.	Lecture and Demonstration	Hands on training on administration, scoring and interpretation of a psychometric	Continuous Internal Assessment, Internal Examinations and

		a.) Crites, J.O. (1973a). Administration and Use Manual: Career Maturity Inventory. Monterey: McGraw- Hill b.) Crites, J.O. (1973b). Theory and Research Handbook: Career Maturity Inventory. Monterey: McGraw- Hill		test scale on career maturity	University Examinations.
3	12+12	<b>Core Course : DSE-B -04: Community Psychology:</b>  <b>Unit 3: Health promotion:</b> process of community organization for health promotion, importance.  Community program for: child and maternal health, physical challenged and old age in the Indian context.	Lecture, ppt, case study, group work	Understand the the link between individuals and communities and deal with social issues more effectively with people's participation.	Continuous Internal Assessment, Internal Examinations and University Examinations.
4	2 hrs/week	<b>Core Course: DSE-B -04: Community Psychology: Practicum:</b> 2. Women Empowerment- To construct a Semi Structured Interview.	Lecture and Demonstra tion	Hands on demonstration of using a previously learnt technique of qualitative methodology.	Continuous Internal Assessment, Internal Examinations and University Examinations.

**Name of the Teacher: SHANKABELA MUKHERJEE**

**Initials: SM**

**Teaching Objective:**

- To generate interest and love for the subject
- To provide guidance beyond textbooks
- To prepare students for higher education and practical application of their knowledge

**6<sup>th</sup> Semester Topic-wise Time Plan- Honours**

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	12	Core Course 13: Organisational Behaviour: Unit 3: Dynamics of Organizational Behaviour:	Demonstration through videos and Discussion	Developing an introductory understanding	Continuous Internal Assessment,

		Organizational culture; Power and Politics: Influence, sexual harassment, organizational politics; Positive Organizational Behaviour: Optimism.		of Organisational behaviour	Internal Examinations and University Examinations.
2	12	Core Course 13: Organisational Behaviour: Unit 4: Leadership: Basic approaches: Trait theories, Behavioural theories, Contingency theories; Contemporary Issues: Inspirational approaches to leadership, Challenges to the leadership construct; Indian perspective on leadership	Lecture, Demonstration, and Discussion	Obtaining an idea about different styles of Leadership in the workplace and their effectiveness in different contexts	Continuous Internal Assessment, Internal Examinations and University Examinations.
3	4	Core Course 13: Organisational Behaviour Practicum: Achievement Motivation Achievement Motivation Scale by Deo-Mohan	Demonstration and Discussion	Hands-on experience in measuring Achievement motivation	Continuous Internal Assessment, Internal Examinations and University Examinations.
4	10	DSE-A -02: Human Resource Management Unit 1: Introduction to Human Resource Management (HRM): HRM and HRD, Context and issues in HRM	Lecture and Discussion	Developing a rudimentary idea about Human Resource Management.	Continuous Internal Examinations and University Examinations.
5	6	DSE-A -02: Human Resource Management Unit 4: Organizational change and development: organizational development: concepts, models (one model), techniques (one for individual and one for group).	Lecture and Discussion	Understanding how organisational development works	Continuous Internal Examinations and University Examinations.
6	8	DSE-B -04: Community Psychology Unit 4: Interventions: community development and empowerment; case studies in Indian context	Lecture and Discussion	Understanding how community interventions work in the Indian scenario	Continuous Internal Examinations and University Examinations.