LORETO COLLEGE
September 2025-February 2026

Name of the teacher: DR. SAYANTANI CHATTERJEE
Initials: SC
Teaching Objective:

- To generate interest and love for the subject
- To provide guidance beyond textbooks
- To prepare students for higher education and practical application of their knowledge

3rd Semester Topic-wise Time Plan- Major

Topics	Hours allotted	Topics (as per curriculum)	Teaching method	Learning outcome (output)	Assessment
1	8+8=16	**DSC: Biopsychology** Unit 2: Functions of Neurotransmitters, Dopamine and Serotonin Hypothesis. Unit 3: Emotional Behaviour: Physiological Correlates of Emotion; The role of cortex in emotion; Emotion and Endocrine Glands.	Lecture and Discussion	Gathering knowledge about fundamentals of Biopsychology	Continuous Internal Assessment and University Examinations
2	-	**DSC: Biopsychology** Practicum: On Arousal-Determination of the effect of variation of different levels of attentive task on arousal.	Lecture, Discussion and Demonstration	Developing concepts about Experimental psychology	Continuous Internal Assessment and University Examinations
3	7	**DSC: Basics of Developmental and Educational Psychology** Unit 1a: Introduction: Definition, scope, methods. Heredity and Environment-Principles of	Lecture and Demonstration, Experiential learning	Gaining knowledge about fundamentals of Developmental and Educational	Continuous Internal Assessment and University Examinations

		Heredity; Influence of Heredity and Environment on Development.		psychology	
4	15	**SEC: Behaviour Modification** Unit 1: Introduction-What is Behaviour. What is Behaviour Modification? What is Behaviour Assessment?	Lecture and Discussion	Developing understanding about skill based applications	Continuous Internal Assessment and University Examination

3rd Semester Topic-wise Time Plan- IDC

Topics	Hours allotted	Topics (as per curriculum)	Teaching method	Learning outcome (output)	Assessment
1	8+7=15	**IDC: Human Resource Management** Unit 1a: Introduction to Human Resource Management (HRM): HRM and HRD, Context and issues in HRM. Unit 1b: Human Resource Practices: Job Analysis; Recruitment and Selection; Training.	Lecture and Discussion	Learning about the fundamentals of Human Resource Management	Continuous Internal Assessment and University Examinations

3rd Semester Topic-wise Time Plan- Minor: MN 1

Topics	Hours allotted	Topics (as per curriculum)	Teaching method	Learning outcome (output)	Assessment
1	4	**DSC: Introduction to Psychology** Unit 1d: Variables and their classifications. Independent, Dependent and Controlling of Variables	Lecture and Discussion	Knowledge of the fundamentals of research methodology	Continuous Internal Assessment and University Examinations

2	4	**DSC: Introduction to Psychology** Unit 3a: Processing of Data: Tabulation, Classification and Frequency Distribution of Data; Plotting of Graph: Polygon, Histogram and Ogive	Lecture, Discussion and Demonstration	Understanding and learning to apply fundamental statistics	Continuous Internal Assessment and University Examinations
	–	**DSC: Introduction to Psychology** Practicum: D) Graphical Representation: Frequency Polygon, Histogram and Ogive	Lecture and Demonstration. Experiential learning	Understanding the application of statistics to research data and its interpretation.	

LORETO COLLEGE
TIME PLAN
September 2025 – February 2026

Name of the teacher : DR. DINAZ R. JEEJEEBHOY
Initials : DJ

Teaching Objective:

- To impart knowledge and understanding of concepts
- To encourage reading beyond classroom text
- To prepare students to understand the human mind and behaviour

Semester III Major Topic-wise Time Plan

Topic	*Hours allotted*	*Topics (as per curriculum)*	*Teaching method*	*Learning outcome (output)*	*Assessment*
1	5 (Th)	**DSCC-3 BIOPSYCHOLOGY Unit 2:** Organization of Nervous system: Structure and functions of neurons; Neural conduction: action potential and synaptic transmission, EPSP, IPSP.	Lecture coupled with interaction and participation of students and classroom discussion	Understanding the neuronal system, its structure and function.	Continuous Internal Assessment, Home and class assignments and University Examinations .
2	3 (Th)	**DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY** **Unit 1**: b) Child Development – Prenatal development.	Lecture coupled with interaction and participation of students and classroom discussion	Understanding the importance and process of prenatal development	Continuous Internal Assessment, Home and class assignments and University Examinations
3	10 (Th)	**DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY Unit 3:** Intelligence: b) Exceptional Children – Gifted, Intelligence ranging from below average and above average.	Lecture coupled with interaction and participation of students and classroom discussion	Understanding the nature, functioning and management of exceptional children	Continuous Internal Assessment, Home and class assignments, recording of practical work done in the file and University Examinations .

4	10 (Pr)	**SKILL ENHANCEMENT COURSE (SEC): BEHAVIOUR MODIFICATION** 1. To determine the effect of positive reinforcement (for example: feedback) on dependent variable (for example: reaction time)	Demonstration coupled with interaction and participation of students and classroom discussion		Continuous Internal Assessment, Home and class assignments, recording of practical work done in the file and University Examinations

3rd Semester Topic-wise Time Plan- MN-1: Introduction to Psychology

Topic	***Hours allotted***	***Topics (as per curriculum)***	***Teaching method***	***Learning outcome (output)***	***Assessment***
1	2 (Th)	**MN-1: Introduction to Psychology. Unit 1 (c)** Need for quantification in Psychology, Levels of Measurement: Nominal, Ordinal, Interval, Ratio	Lecture and Discussion	Understanding the need for measurement and measurement variables, their application in the field of Psychology	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	7 (Th)	**MN-1: Introduction to Psychology. Unit 2 (b)**: Sensation and Perception: Introduction to Psychophysics, Concept of sensory thresholds, Weber-Fechner Law, Classical Methods: Gradation, Constant and average error.	Lecture, Demons-tration, and Discussion	Knowledge of the definitions, scope, and nature of sensation, perception and psychophysics along with a general idea of its various laws, methods and fields.	Continuous Internal Assessment, Internal Examinations and University Examinations.
3	15 (Pr)	**MN-1: Introduction to Psychology.** Unit 1: Introduction to Psychology: Practicum (b) Reiz Limen (RL)	Lecture and Demonstra tion	To provide an understanding about the underlying theoretical constructs, be able to conduct the practicum and justify the method used, know about the instrument used and be able to explain the findings and link	Continuous Internal Assessment, Internal Examinations and University Examinations.

				the findings with the theory.	

LORETO COLLEGE
TIME PLAN September 2025 – January 2026

Name of the teacher: MS. NAYANIKA SAHA
Initials: NS

Teaching Objective:

- To impart comprehensive knowledge
- To provide guidance beyond textbooks
- To prepare students for higher education

3rd Semester Topic-wise Time Plan- Major

Topics	*Hours allotted*	*Topics (as per curriculum)*	*Teaching method*	*Learning outcome (output)*	*Assessment*
1	14	**DSCC-3 BIOPSYCHOLOGY** Unit 3: Neuroendocrine system: Structure, function and abnormalities of major glands: Hypothalamus, Thyroid, Adrenal, Gonads, Pituitary.	Lecture	Understanding the structures and functions role of neuroendocrine system and its implications in human behaviour	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	15	**DSCC-3 BIOPSYCHOLOGY** Practicum: 2. On Arousal: Determination of the effect of variation of different levels of attentive task on arousal.	Demonstration and Discussion	Acquiring theoretical and application based understanding of scientific research methodologies in Psychology.	Continuous Internal Assessment, Internal Examinations and University Examinations.
3	5	**DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY** Unit 1: b) Child Development – Postnatal development up to adolescence-Cognitive development.	Lecture	Acquiring theoretical and application based understanding of scientific research methodologies in Psychology.	Continuous Internal Assessment, Internal Examinations and University Examinations.

4	12	**DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY** Unit 3: Intelligence: a.) Application and its measurement	Lecture	Learning the fundamental processes of Intelligence and functioning, relevance to real life situations and measurement.	Continuous Internal Assessment, Internal Examinations and University Examinations.
5	10	**DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY** Practicum: On Concrete Intelligence: Form Board and Block Design	Demonstration, lecture and discussion	Hands on training in designing and carrying out experimentation in a specific area of social psychology	Continuous Internal Assessment, Internal Examinations and University Examinations.
6	14	**SKILL ENHANCEMENT COURSE (SEC): BEHAVIOUR MODIFICATION** Unit 2: Application of Cognitive perspectives on behaviour modification.	Lecture	Learning theoretical and practical (application oriented) aspects of Learning as a fundamental psychological process from a cognitive perspective	Continuous Internal Assessment, Internal Examinations and University Examinations.

3rd Semester Topic-wise Time Plan- Minor-3

Topics	***Hours allotted***	***Topics (as per curriculum)***	***Teaching method***	***Learning outcome (output)***	***Assessment***
1	5	**DSC: Introduction to Psychology** Unit 1: Introduction to Psychology: Unit 1: (b) Brief Concepts of Schools of Psychology:	Lecture, Demonstration, and Discussion	Knowledge of and a general idea of various schools of psychology	Continuous Internal Assessment, Internal Examinations and University Examinations

		Behaviourism			.
2	2	**DSC: Introduction to Psychology** Unit 2(c): Biological foundation of behaviour: Genetic basis, neuron, synapse and neurotransmitter (Relevance of studying biological foundation in Behavioural science) Reception and transmission of information (dendrites to efferent neurons)	Lecture and Demonstration	Gaining knowledge about the basics of the transmission of information through the nervous system	Continuous Internal Assessment, Internal Examinations and University Examinations .
3		**DSC: Introduction to Psychology.** Unit 3(b): Concept, types, uses and measures of Central tendency and dispersion	Lecture and demonstration	Understanding the concepts of Statistics of location focussing on measures of Central tendency and measures of dispersion	Continuous Internal Assessment, Internal Examinations and University Examination
4		**DSC: Introduction to Psychology** Practicum: C) Computational Techniques of the measures of Central Tendency and Dispersion	Demonstration	Understanding the application of statistics to research data and its interpretation.	Continuous Internal Assessment, Internal Examinations and University Examination

LORETO COLLEGE

TIME PLAN
September 2025- February 2026

Name of the teacher: MS.SOMALI MUKHERJEE
Initials: SM

Teaching Objective:

- To generate interest and love for the subject
- To provide guidance beyond textbooks
- To prepare students for higher education and practical application of their knowledge

3rd Semester Topic-wise Time Plan

Topics	*Hours allotted*	*Topics (as per curriculum)*	*Teaching method*	*Learning outcome (output)*	*Assessment*
1	6	**DSCC-3 BIOPSYCHOLOGY** Unit 2: Structure and functions: PNS & CNS (Brain & Spinal Cord).	Lecture, powerpoint presentations, interactional sessions, short videos	Gathering in-depth knowledge of what is biopsychology, and functions of brain	Continuous Internal Assessment, and University Examinations.
2	15	**DSCC-3 BIOPSYCHOLOGY** PRACTICUM Unit 1: On Reaction Time – Simple Reaction Time (Emphasis on Physiological Explanation)	Lecture and demonstration	Hands on training to use instrument to experiment on reaction time	Continuous Internal Assessment, and University Examinations.
3	10	**DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY** Unit 2b: Application of Learning & Memory Theories in Education (Trial and Error, Classical, Operant and Insight, Program Learning, Transfer of training).	Lecture and powerpoint presentations	Acquiring an understanding of the different learning methods	Continuous Internal Assessment, and University Examinations.

3	10	**SKILL ENHANCEMENT COURSE (SEC): BEHAVIOUR MODIFICATION** Unit 2: Application of principles of conditioning theories on behaviour modification (Emphasis on punishment, reinforcement, schedules of reinforcement and related concepts)	Lecture	Acquiring an understanding of the behaviour modification process	Continuous Internal Assessment, and University Examinations.

3rd Semester Topic-wise Time Plan- Minor DSC: Introduction to Psychology

Topics	*Hours allotted*	*Topics (as per curriculum)*	*Teaching method*	*Learning outcome (output)*	*Assessment*
1	10	Practicum (b): Reiz limen	Lecture and Demonstration. Experiential learning	Preliminary understanding of the Weber-Fechner Law and a portion of psychophysics	Continuous Internal Assessment, Internal Examinations and University Examinations.

LORETO COLLEGE

TIME PLAN
September 2025 – February 2026

Name of the teacher: MONALISA HALDAR
Initials: MH

Teaching Objectives:

- To instil creative thought process about the topics taught
- To impart knowledge and understanding of concepts

- To encourage reading beyond classroom text
- To prepare students to understand the human mind and behaviour

3rd Semester Topic-wise Time Plan

Topics	*Hours allotted*	*Topics (as per curriculum)*	*Teaching method*	*Learning outcome (output)*	*Assessment*
1	7	**DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY** **Unit 2(a):** Introduction: Definition, Scope and Methods. Relation of Psychology with Education	Lecture and powerpoint presentations	Acquiring an understanding of the definition, methods, and interdisciplinary scope of psychology in relation to educational principles.	Continuous Internal Assessment, and University Examinations.
2	7	**SKILL ENHANCEMENT COURSE (SEC): BEHAVIOUR MODIFICATION** **Unit 3:** Application of behaviour modification principles and techniques in Family, School and Workplace.	Lecture, case studies and demonstration	Acquiring an understanding of behavioural modification strategies and their application across various settings such as home, school, and organizational contexts to promote adaptive behaviour.	Continuous Internal Assessment, and University Examinations.

3rd Semester Topic-wise Time Plan- Minor-3

Topics	*Hours allotted*	*Topics (as per curriculum)*	*Teaching method*	*Learning outcome (output)*	*Assessment*
1	9	**MN - 1: Introduction to Psychology.** **Unit 1:** (a) Introduction: Nature,	Lecture, Demonstration, and Discussion	Knowledge about the history, nature, and scope of	Continuous Internal Assessment, Internal Examinations

		definition, scope and branches of Psychology, Methods: Observation, Experimentation, Interview, Field Study, Correlational Method (b) Brief Concepts of Schools of Psychology: Structuralism, Gestalt		psychology, as well as insight into key methods used in psychological research and early schools of thought such as Structuralism, functionalism and Gestalt psychology.	and University Examinations.
2	5	**MN - 1: Introduction to Psychology.** Unit 3: (c) Normal Probability Curve: Properties & Application	Lecture, Demonstration, and Discussion	Knowledge of the concept and properties of the Normal Probability Curve, along with its application in psychological research.	Continuous Internal Assessment, Internal Examinations and University Examinations.