LORETO COLLEGE TIME PLAN July (September) 2024 – February 2025

Name of the teacher: DR. JHELUM PODDER

Initials: JP

Teaching Objectives:

- To instil creative thought process about the topics taught
- To impart knowledge and understanding of concepts
- To encourage reading beyond classroom text
- To prepare students to understand the human mind and behaviour

3rd Semester Topic-wise Time Plan

Topics	Hours allotted	Topics (as per curriculum)	Teaching method	Learning outcome (output)	Assessment
1	15	DSCC-3 BIOPSYCHOLOGY Unit 1: Introduction to biopsychology: Nature and scope; Methods and ethics in biopsychology; Divisions of biopsychology. Evolutionary basis of neurophysiology of Learning and Memory.	Lecture, powerpoint presentations, interactional sessions, short videos	Gathering indepth knowledge of what is biopsychology, the methods applied and physiology of learning and memory	Continuous Internal Assessment, and University Examinations.
2	8	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY Unit 1b: Child Development – emotional, social and moral.	Lecture and powerpoint presentations	Acquiring an understanding of the different developmental milestones and stages of human life	Continuous Internal Assessment, and University Examinations.
3	3	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY PRACTICUM	Lecture and demonstration	Hands on training to handle instrument and measure	Continuous Internal Assessment, and University Examinations.

		Unit 1: On Concrete Intelligence: Form Board		intelligence	
4	10	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY PRACTICUM Unit 2: On Transfer of training	Lecture and demonstration	Hands on training to handle instrument and experiment on the learning process	Continuous Internal Assessment, and University Examinations.
5	7	SKILL ENHANCEMENT COURSE (SEC): BEHAVIOUR MODIFICATION Unit 3: Techniques-Token Economy, Contingencies, Shaping, Premack Principle etc.	Lecture and demonstration	Acquiring an understanding of the different behavioural modification techniques utilized	Continuous Internal Assessment, and University Examinations.

3rd Semester Topic-wise Time Plan- Minor-3: Basics of Developmental and Educational Psychology

Topics	Hours allotted	Topics (as per curriculum)	Teaching method	Learning outcome (output)	Assessment
1	8	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY Unit 1b: Child Development – emotional, social and moral.	Lecture and powerpoint presentations	Acquiring an understanding of the different developmental milestones and stages of human life	Continuous Internal Assessment, and University Examination s.

2	4	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY Unit 2a: Application of Learning & Memory Theories in Education: Transfer of training	Lecture and powerpoint presentations	Acquiring an understanding of the concept of transfer of learning	Continuous Internal Assessment, and University Examination s.
3	15	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY PRACTICUM Unit 1: On Concrete Intelligence: Form Board	Lecture and demonstration	Hands on training to handle instrument and measure intelligence	Continuous Internal Assessment, and University Examination s.

3rd Semester Topic-wise Time Plan- Minor-3: Introduction to Psychology (ONLY IF new directive is given by the BOS to follow Semester I syllabus in this Semester as well)

Topics	Hours	Topics	Teaching	Learning	Assessment
	allotted	(as per curriculum)	method	outcome	
				(output)	
1	5	DSC: DSC: Introduction to	Lecture,	Knowledge	Continuous
		Psychology.	Demonstration,	about the	Internal
		Unit 1:	and Discussion	history of	Assessment,
		(a) Introduction: Nature,		psychology,	Internal
		definition, scope and branches of		its methods	Examinations
		Psychology,		and scope.	and
		Methods: Observation,			University
		Experimentation, Interview,			Examinations
		Field Study, Correlational			
		Method			
2	2	DSC: Introduction to	Lecture,	Knowledge of	
		Psychology.	Demonstration,	the definitions,	Internal
		Unit 2:	and Discussion	concept,	Assessment,
		(a) Attentional Processes: Nature		nature,	Internal
		of Attention, Determinants of		determinants	Examinations
		Attention, Shift, Oscillation,		of attentional	and
		Fluctuation and distraction,		process and its	University

		theories of attention			different	Examinations
					phenomenon	
3	10	DSC: Introduction	to	Lecture,	Understanding	Continuous
		Psychology: Practicum 1:		Demonstration	the concept of	Internal
				and Hands-on	fluctuation	Assessment,
		Fluctuation of Attention		Work	through	Internal
					experiment	Examinations
					and usage of	and
					instrument.	University
						Examinations
						•

LORETO COLLEGE (July) September 2024-February 2025

Name of the teacher: DR. SAYANTANI CHATTERJEE

Initials: SC **Teaching Objective:**

- To generate interest and love for the subject
- To provide guidance beyond textbooks
- To prepare students for higher education and practical application of their knowledge

3rd Semester Topic-wise Time Plan- Major DSC: Biopsychology Developmental and Educational Psychology SEC: Behaviour Modification

Topics	Hours	Topics	Teaching	Learning	Assessment
	allotted	(as per curriculum)	method	outcome (output)	
4	0.0.16	Pag	T . 1	(output)	a :
1	8+8=16	DSC:	Lecture and	Gathering	Continuous
		Diament de con	Discussion	knowledge	Internal
		Biopsychology:		about	Assessment
				fundamentals	and University
				of	Examinations
		<u>Unit</u> 2: Functions of		Biopsychology	
		Neurotransmitters,			
		Dopamine and Serotonin			
		Hypothesis.			
		<u>Unit</u> 3: Emotional			
		Behaviour: Physiological			

2	-	Correlates of Emotion; The role of cortex in emotion; Emotion and Endocrine Glands. DSC: Biopsychology: Practicum: On Arousal-Determination of the effect of variation of different levels of attentive task on arousal.	Lecture, Discussion and Demonstration	Developing concepts about Experimental psychology	Continuous Internal Assessment and University Examinations
3	7+7=14	DSC: Basics of Developmental and Educational Psychology: Unit 1a: Introduction: Definition, scope, methods. Heredity and Environment-Principles of Heredity; Influence of Heredity and Environment on Development. Unit 2a: Introduction: Definition, Scope and Methods. Relation of Psychology with	Lecture and Demonstration, Experiential learning	Gaining knowledge about fundamentals of Developmental and Educational psychology	Continuous Internal Assessment and University Examinations
4	15	SEC: Behaviour Modification: Unit 1: Introduction-What is Behaviour. What is Behaviour Modification? What is Behaviour Assessment?	Lecture and Discussion	Developing understanding about skill based applications	Continuous Internal Assessment and University Examination
5	-	Practicum: To determine the effect of positive reinforcement (for example: Feedback) on	Lecture, Demonstration, Experiential Learning	Understanding the utility and importance of Intervention	Continuous Internal Assessment and University

dependent variable (for		Examination
example: Reaction Time)		

3rd Semester Topic-wise Time Plan- IDC Human Resource Management

Topics	Hours	Topics	Teaching	Learning	Assessment
	allotted	(as per curriculum)	method	outcome (output)	
1	8+7=15	IDC:	Lecture	Learning about	Continuous
		Human Resource Management:	and Discussion	the fundamentals of Human Resource Management	Internal Assessment and University Examinations
		Unit 1a: Introduction to Human Resource Management (HRM): HRM and HRD, Context and issues in HRM.			
		<u>Unit 1b:</u> Human Resource Practices: Job Analysis; Recruitment and Selection; Training.			

3rd Semester Topic-wise Time Plan- Minor DSC: Developmental and Educational Psychology

Topics	Hours	Topics	Teaching	Learning	Assessment
	allotted	(as per curriculum)	method	outcome (output)	
1	7+8=15	DSC:	Lecture	Gaining	Continuous
		Basics of Developmental and Educational Psychology:	and Discussion	knowledge about fundamentals of Developmental and Educational Psychology	Internal Assessment and University Examinations
		Unit 1a: Introduction: Definition, scope, methods. Heredity and Environment-Principles of Heredity; Influence of Heredity and Environment on Development.			

2	-	DSC:	Lecture and	Developing	Continuous
		Basics of Developmental and Educational Psychology:	Demonstrati on, Experiential learning	concepts about Experimental Psychology	Internal Assessment and University Examinations
		Practicum: On Transfer of Training.			

LORETO COLLEGE TIME PLAN July 2024 – December 2024

Name of the teacher: DR. DINAZ R. JEEJEEBHOY

Initials : DJ

Teaching Objective:

• To impart knowledge and understanding of concepts

• To encourage reading beyond classroom text

• To prepare students to understand the human mind and behaviour

Semester III (Psychology Honours) Topic-wise Time Plan

T	Topic Hours Topics Tagging Lagraing Assessm					
Topic	Hours allotted	Topics (as per curriculum)	Teaching method	Learning outcome	Assessment	
	unonca	(us per currentum)	memou	(output)		
1	5	DSCC-3 BIOPSYCHOLOGY	Lecture	Understanding	Continuous	
	(Th)	Unit 2: Organization of Nervous	coupled with	the neuronal	Internal	
		system: Structure and functions	interaction and	system, its	Assessment,	
		of neurons; Neural conduction:	participation	structure and	Home and	
		action potential and synaptic	of students	function.	class	
		transmission, EPSP, IPSP.	and classroom		assignments	
			discussion		and	
					University	
					Examinations	
2	3	DSCC-4 BASICS OF	Lecture	Understanding	Continuous	
2	(Th)	DEVELOPMENTAL AND	coupled with	the importance	Internal	
	(111)	EDUCATIONAL	interaction and	and process of	Assessment,	
		PSYCHOLOGY Unit 1: b) Child	participation	prenatal	Home and	
		Development – Prenatal	of students	development	class	
		development.	and classroom	•	assignments	
			discussion		and	
					University	
					Examinations	
	1.0	D. G.	-			
3	10	DSCC-4 BASICS OF	Lecture	Understanding	Continuous	
	(Th)	DEVELOPMENTAL AND EDUCATIONAL	coupled with interaction and	the nature,	Internal	
		PSYCHOLOGY Unit 3:	participation	functioning and management of	Assessment, Home and	
		Intelligence: b) Exceptional	of students	exceptional	class	
		Children – Gifted,	and classroom	children	assignments,	
		Intelligence ranging from below	discussion		recording of	
		average and above average.			practical	
					work done in	
					the file and	
					University	
					Examinations	
4	8	SKILL ENHANCEMENT	Lecture	Application of	Continuous	

	(Th)	COURSE (SEC): BEHAVIOUR MODIFICATION Unit 3: Application of behaviour modification principles and techniques in Family, School and Workplace.	coupled with interaction and participation of students and classroom discussion	Modification Principles in	Internal Assessment, Home and class assignments and University Examinations .
5	10 (Pr)	SKILL ENHANCEMENT COURSE (SEC): BEHAVIOUR MODIFICATION 1. To determine the effect of positive reinforcement (for example: feedback) on dependent variable (for example: reaction time)	Demonstration coupled with interaction and participation of students and classroom discussion		Continuous Internal Assessment, Home and class assignments, recording of practical work done in the file and University Examinations

3rd Semester Topic-wise Time Plan- Minor-3: Introduction to Psychology (ONLY IF new directive is given by the BOS to follow Semester I syllabus in this Semester as well)

	Semester as Well)						
Topic	Hours	Topics	Teaching	Learning	Assessment		
	allotted	(as per curriculum)	method	outcome (output)			
1	2	MN-1: Introduction to Psychology.	Lecture	Understanding	Continuous		
	(Th)	Unit 1 (c) Need for quantification in	and	the need for	Internal		
		Psychology, Levels of	Discussion	measurement and	Assessment,		
		Measurement: Nominal, Ordinal,		measurement	Internal		
		Interval, Ratio		variables, their	Examinations		
				application in the	and University		
				field of	Examinations.		
				Psychology			
2	7	MN-1: Introduction to Psychology.	Lecture,	Knowledge of the	Continuous		
	(Th)	Unit 2 (b): Sensation and	Demons-	definitions, scope,	Internal		
		Perception: Introduction to	tration,	and nature of	Assessment,		
		Psychophysics, Concept of sensory	and	sensation,	Internal		
		thresholds, Weber-Fechner Law,	Discussion	perception and	Examinations		
		Classical Methods: Gradation,		psychophysics	and University		
		Constant		along with a	Examinations.		
		and average error.		general idea of its			
				various laws,			
				methods and			
				fields.			
3	15	MN-1: Introduction to Psychology.	Lecture	To provide an	Continuous		
	(Pr)	Unit 1: Introduction to Psychology:	and	understanding	Internal		
		Practicum	Demonstra	about the	Assessment,		
		(b) Reiz Limen (RL)	tion	underlying	Internal		

	theoretical Examinations
	constructs, and University
	be able to conduct Examinations.
	the practicum and
	justify the method
	used, know about
	the instrument
	used and be able
	to explain the
	findings and link
	the findings with
	the theory.

3rd Semester Topic-wise Time Plan- Minor-3: Basics of Developmental and Educational Psychology

	Psychology						
Topic	Hours	Topics	Teaching	Learning	Assessment		
	allotted	(as per curriculum)	method	outcome			
		, ,		(output)			
1	3	MN-3 BASICS OF	Lecture	Understanding	Continuous		
	(Th)	DEVELOPMENTAL AND	coupled with	the importance	Internal		
		EDUCATIONAL	interaction and	and process of	Assessment,		
		PSYCHOLOGY Unit 1: b) Child	participation	prenatal	Home and		
		Development – Prenatal	of students	development	class		
		development.	and classroom	_	assignments		
		_	discussion		and		
					University		
					Examinations		
2		MN-3 BASICS OF	Lecture	Concept and	Continuous		
		DEVELOPMENTAL AND	coupled with	application of	Internal		
		EDUCATIONAL	interaction and	Trial and Error	Assessment,		
		PSYCHOLOGY Unit 2:b) Trial	participation	Learning	Home and		
		and Error.	of students		class		
			and classroom		assignments		
			discussion		and		
					University		
					Examinations		
3	10	MN-3 BASICS OF	Lecture	Understanding	Continuous		
	(Th)	DEVELOPMENTAL AND	coupled with	the nature,	Internal		
		EDUCATIONAL	interaction and	functioning and	Assessment,		
		PSYCHOLOGY Unit 3:	participation	management of	Home and		
		Intelligence: b) Exceptional	of students	exceptional	class		
		Children – Gifted,	and classroom	children	assignments,		
		Intelligence ranging from below	discussion		recording of		
		average and above average.			practical		
					work done in		
					the file and		
					University		
					Examinations		
					•		

TIME PLAN July (August) 2023 – December 2023

Name of the teacher: MS. NAYANIKA SAHA

Initials: NS

Teaching Objective:

- To impart comprehensive knowledge
- To provide guidance beyond textbooks
- To prepare students for higher education

3rd Semester Topic-wise Time Plan- Major

Topics	Hours	Topics	Teaching	Learning	Assessment
	allotte	(as per curriculum)	method	outcome	
	d			(output)	
1	14	DSCC-3 BIOPSYCHOLOGY	Lecture	Understanding	Continuous
		Unit 3: Neuroendocrine		the structures	Internal
		system: Structure, function and		and functions	Assessment,
		abnormalities of major glands:		role of	Internal
		Hypothalamus, Thyroid,		neuroendocrine	Examinations
		Adrenal, Gonads, Pituitary.		system and its	and
				implications in	University
				human	Examinations
				behaviour	
2	15	DSCC-3 BIOPSYCHOLOGY Practicum: 2. On Arousal: Determination of the effect of variation of different levels of attentive task on arousal.	Demonstration and Discussion	Acquiring theoretical and application based understanding of scientific research methodologies in Psychology.	Continuous Internal Assessment, Internal Examinations and University Examinations.
3	5	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY Unit 1: b) Child Development –Postnatal development up to adolescence-Physical, Cognitive development.	Lecture	Acquiring theoretical and application based understanding of scientific research methodologies in Psychology.	Continuous Internal Assessment, Internal Examinations and University Examinations .
4	12	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL	Lecture	Learning the fundamental processes of	Continuous Internal Assessment,

5	10	PSYCHOLOGY Unit 3: Intelligence: a.) Application and its measurement DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL	Demonstration, lecture and discussion	Intelligence and functioning, relevance to real life situations and measurement. Hands on training in designing and	Internal Examinations and University Examinations . Continuous Internal Assessment,
		PSYCHOLOGY Practicum: On Concrete Intelligence: Block Design		carrying out experimentatio n in a specific area of social psychology	Internal Examinations and University Examinations .
6	14	SKILL ENHANCEMENT COURSE (SEC): BEHAVIOUR MODIFICATION Unit 2: Application of Cognitive perspectives on behaviour modification.	Lecture	Learning theoretical and practical (application oriented) aspects of Learning as a fundamental psychological process from a cognitive perspective	Continuous Internal Assessment, Internal Examinations and University Examinations .

3rd Semester Topic-wise Time Plan- Minor-3: Introduction to Psychology (ONLY IF new directive is given by the BOS to follow Semester I syllabus in this Semester as well)

Topics	Hours	Topics	Teaching	Learning	Assessment
	allotted	(as per curriculum)	method	outcome	
				(output)	
1	5	DSC: Introduction to	Lecture,	Knowledge of	Continuous
		Psychology. Unit 1: Introduction	Demonstration,	and a general	Internal
		to Psychology:	and Discussion	idea of various	Assessment,
				schools of	Internal
		Unit 1:		psychology	Examinations
		(b) Brief Concepts of Schools of			and
		Psychology:			University
		Structuralism, Behaviourism and			Examinations
		Gestalt			

2	2	DSC: Introduction to	Lecture and	Gaining	Continuous
		Psychology.	Demonstration	knowledge	Internal
		Unit 2(c): Biological foundation		about the	Assessment,
		of behaviour:		basics of the	Internal
				transmission	Examinations
		Genetic basis, neuron, synapse		of information	and
		and neurotransmitter (Relevance		through the	University
		of studying biological		nervous	Examinations
		foundation in Behavioural		system	
		science)		-	
		Reception and transmission of			
		information (dendrites to			
		efferent neurons)			
3		DSC: Introduction to	Lecture and	Understanding	Continuous
		Psychology.	demonstration	the concepts	Internal
		Unit 3(b): Concept, types, uses		of Statistics of	Assessment,
		and measures of Central		location	Internal
		tendency and dispersion		focussing on	Examinations
				measures of	and
				Central	University
				tendency and	Examination
				measures of	
				dispersion	
4		DSC: Introduction to	Demonstration	Understanding	Continuous
		Psychology		the application	Internal
				of statistics to	Assessment,
		Practicum: C) Computational		research data	Internal
		Techniques of the measures of		and its	Examinations
		Central Tendency and		interpretation.	and
		Dispersion			University
					Examination

3rd Semester Topic-wise Time Plan- Minor-3: Basics of Developmental and Educational Psychology

Topic	Hour	Topics	Teaching	Learning outcome	Assessment
	S	(as per curriculum)	method	(output)	
	allott				
	ed				
1	3	MN-3 BASICS OF	Lecture coupled	Understanding the	Continuous
	(Th)	DEVELOPMENTAL	with interaction	importance and	Internal
		AND EDUCATIONAL	and participation	process of physical	Assessment,
		PSYCHOLOGY Unit 1: b)	of students and	and cognitive	Home and
		Child Development –	classroom	development in child	class
		Postnatal development up	discussion	and adolescence.	assignments
		to adolescence-Physical			and University
		and Cognitive			Examinations
		development.			

2	3 (Th)	MN-3 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY Unit 2:b) Classical, Operant and Insight learning	Lecture coupled with interaction and participation of students and classroom discussion	Concept and application of Classical, Operant and Insight learning	Continuous Internal Assessment, Home and class assignments and University Examinations
	10 (Pr)	DSC: Basics of Developmental and Educational Psychology: Practicum: On Concrete Intelligence: Block design		gnitive assessment	nuous Internal sment and rsity inations

LORETO COLLEGE

TIME PLAN JULY 2024- DECEMBER 2024

Name of the teacher: NEW TEACHER

Initials: NT

Teaching Objective:

- To generate interest and love for the subject
- To provide guidance beyond textbooks
- To prepare students for higher education and practical application of their knowledge

3rd Semester Topic-wise Time Plan

Topics	Hours allotted	Topics (as per curriculum)	Teaching method	Learning outcome (output)	Assessment
1	6	DSCC-3 BIOPSYCHOLOGY Unit 2: Structure and functions: PNS & CNS (Brain & Spinal Cord).	Lecture, powerpoint presentations, interactional sessions, short videos	Gathering indepth knowledge of what is biopsychology, and functions of brain	Continuous Internal Assessment, and University Examinations.
2	15	DSCC-3 BIOPSYCHOLOGY PRACTICUM Unit 1:	Lecture and demonstration	Hands on training to use instrument to	Continuous Internal Assessment,

		On Reaction Time – Simple Reaction Time (Emphasis on Physiological Explanation)		experiment on reaction time	and University Examinations.
2	10	DSCC-4 BASICS OF DEVELOPMENTAL AND EDUCATIONAL PSYCHOLOGY Unit 2b: Application of Learning & Memory Theories in Education (Trial and Error. Classical. Operant and Insight, Program Learning, Transfer of training).	Lecture and powerpoint presentations	Acquiring an understanding of the different learning methods	Continuous Internal Assessment, and University Examinations.
3	10	SKILL ENHANCEMENT COURSE (SEC): BEHAVIOUR MODIFICATION Unit 2: Application of principles of conditioning theories on behaviour modification (Emphasis on punishment, reinforcement, schedules of reinforcement and related concepts)	Lecture	Acquiring an understanding of the behaviour modification process	Continuous Internal Assessment, and University Examinations.