

**LORETO COLLEGE**  
**TIME PLAN August 2022 – December 2022**

**Name of the teacher : DR. DINAZ R. JEEJEEBHOY**  
**Initials : DJ**

**Teaching Objective:**

- To impart knowledge and understanding of concepts
- To encourage reading beyond classroom text
- To prepare students to understand the human mind and behaviour

**Semester III (Psychology Honours)**  
**Topic-wise Time Plan**

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
<b>CORE COURSE 5</b> <b>Development of Psychological Thought</b>	12	<b>Unit 4:</b> <b>Contemporary Developments:</b> Psychology of Gender	Lecture coupled with interaction and participation of students and classroom discussion	Understanding the difference between sex and gender and its effects on the perception and behaviour and attitude.	Continuous Internal Assessment, Home and class assignments and University Examinations.
<b>CORE COURSE 6</b> <b>Psychological Research</b>	12	<b>Unit 4:</b> <b>Psychological testing:</b> Characteristics of a test – standardization, reliability, validity, norms, applications & issues	Lecture coupled with interaction and participation of students and classroom discussion	Understanding the principles and steps of test construction	Continuous Internal Assessment, Home and class assignments and University Examinations.
<b>CORE COURSE 6</b> <b>Psychological Research Practical</b>	15	Sentence Completion Test	Demonstration coupled with interaction and participation of students and classroom discussion	Understanding psychopathology through a semi-projective technique	Continuous Internal Assessment, Home and class assignments, recording of practical work done in the file and

					University Examinations.
<b>ABILITY ENHANCEMENT COMPULSORY COURSE SEC-A (01)</b>  <b>SKILL BASED</b>  <b>Behaviour Modification</b>	14	<b>Unit 4:</b> Applications- School, Family, Work. Behavioural principles and procedures- a) Getting a behaviour to occur more often with positive reinforcement, b) Developing and maintaining behaviour with conditioned reinforcement, c) Decreasing a behaviour with extinction. Planning, applying and evaluating.	Lecture coupled with interaction and participation of students and classroom discussion	Knowing how to increase adaptive and decrease mal-adaptive behaviour and its applications	Continuous Internal Assessment, Home and class assignments and University Examinations.

**Name of the teacher: DR. SAYANTANI CHATTERJEE**

**Initials: SC**

**Teaching Objective:**

- To impart comprehensive knowledge
- To provide guidance beyond textbooks
- To prepare students for higher education

### **3<sup>rd</sup> Semester Topic-wise Time Plan- Honours**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
1	12	Core Course 5: Development of Psychological Thought: Unit 2: Positivist	Lecture	Gathering knowledge about developments	Continuous Internal Assessment, Internal

		Orientation:  Developments in Behaviourism (Watson), Neo-behaviouristic traditions (Skinner)		in different schools of thought in Psychology at different time frames	Examinations and University Examinations
2	14	Core Course 6: Psychological Research: Unit 2: Sampling:  Probability & Non probability sampling methods	Lecture	Acquiring an understanding about aspects of research methodology	Continuous Internal Assessment, Internal Examinations and University Examinations
3	8	Core Course 6: Psychological Research: Practicum- Semi Structured Interview on Coping compared with Coping Scale by Rao, Subbakrishna and Prabhu	Lecture and Demonstration	Hands-on- Training and developing an understanding about psychometric tools and assessment	Continuous Internal Assessment, Internal Examinations and University Examinations
4	12	Core Course 7: Social Psychology: Unit 1: Introduction:  Nature and scope of social psychology; Overview of the history of social psychology (including development in India); Relationship with sociology and anthropology	Lecture	Acquiring an understanding of the discipline of social psychology and its growth and refinement over the years	Continuous Internal Assessment, Internal Examinations and University Examinations
5	8	Skill Enhancement Elective Course (Skill Based)- A-01: Behaviour Modification: Unit 1: Introduction:  What is Behaviour, What is Behaviour Modification, What is Behaviour Assessment	Lecture	Developing concepts about the construct Behaviour and its Modification, which involves both theoretical and practical aspects	Continuous Internal Assessment, Internal Examinations and University Examinations

### 3<sup>rd</sup> Semester Topic-wise Time Plan- Generic Elective

Topics	Hours allotted	Topics (as per curriculum)	Teaching method	Learning outcome (output)	Assessment
1	14	Core Course 3: Psychological Disorders: Unit 2: Theoretical Perspectives:  Biological, familial, cultural, behavioural, cognitive and psychodynamic	Lecture	Learning to focus on the theoretical background of psychopathology- both symptom formation and etiological dimensions	Continuous Internal Assessment, Internal Examinations and University Examinations

**Name of the teacher: JHELM PODDER**

**Initials: JP**

#### Teaching Objectives:

- To provide knowledge about the development of psychological thought and discuss the issues and debates in contemporary psychology
- To instil creative thought process about the topics taught
- To provide explanation from different perspectives of human associations
- To introduce the importance of statistical methods in the area of Psychology

### 3<sup>rd</sup> Semester Topic-wise Time Plan- Honours

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	12	<b>CORE COURSE 5: DEVELOPMENT OF PSYCHOLOGICAL THOUGHT</b>  Unit 3  Analytic Debates: Clinical Vs. Phenomenological, Freudian Psychoanalysis, Analytical Psychoanalysis; Carl Jung Developments in Psychoanalysis: The shift	Lecture, power point presentations, interactional sessions, short videos	Gathering in-depth knowledge of two significant psychoanalytic schools of psychology along with their critical comparisons	Continuous Internal Assessment, Internal Examinations and University Examinations .

		towards social and cultural: Erikson			
2	12	<b>CORE COURSE 6: PSYCHOLOGICAL RESEARCH</b>  Unit 1  Basics of Research in Psychology: What is Psychological Research? The Goals of Psychological Research, Paradigms of Research, Principles of Good Research, Ethics in Psychological Research.	Lecture and power point presentations	Acquiring an understanding of the concept and need of research in the field of psychology	Continuous Internal Assessment, Internal Examinations and University Examinations .
3	14	<b>CORE COURSE 7: SOCIAL PSYCHOLOGY</b>  Unit 4  Group Dynamics and Inter-group relations: Nature of groups, Consequences of belonging (performance, decision making, cooperation and conflict), Nature of intergroup relations (prejudice, inter-group conflict, intervention techniques).	Lecture and power point presentation	Acquiring an understanding of group nature, dynamics, functions and individual roles and status in groups	Continuous Internal Assessment, Internal Examinations and University Examinations .
4	6	<b>CORE COURSE 7: SOCIAL PSYCHOLOGY: PRACTICUM</b>  Unit 2  On Social Facilitation by Problem Solving-Individual and Group Situations	Lecture and demonstration	Hands-on training to conduct experiments in laboratory setup in understanding human behaviour in group set-up	Continuous Internal Assessment, Internal Examinations and University Examinations .

### 3<sup>rd</sup> Semester Topic-wise Time Plan- Generic Elective

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	14	<b>CORE COURSE 3: PSYCHOLOGICAL DISORDERS</b>  Unit 4  Treatment of disorders:  Psychological treatment: Basic tenets of Psychoanalytic therapy, Behaviour therapy	Lecture	Gaining a conceptual understanding of the different therapeutic aspects of treating mental illnesses	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	6	<b>CORE COURSE 3: PSYCHOLOGICAL DISORDERS: PRACTICUM</b>  Unit 1  On Anxiety: State Trait Anxiety Inventory	Lecture and demonstration	Hands-on experience of administering psychometric tools to detect stress within the testee.	Practical File Work, Home Assignments, Continuous Internal Assessment, Internal Examinations and University Examinations

**Name of the teacher: DR. SAONI BANERJEE**

**Initials: SB**

**Teaching Objective:**

- To impart comprehensive knowledge
- To provide guidance beyond textbooks
- To prepare students for higher education

### 3<sup>rd</sup> Semester Topic-wise Time Plan- Honours

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	14	<p><u>Core Course 5:</u> Development of Psychological Thought: <b>Unit 1: Understanding Psyche:</b> A universal quest for understanding Consciousness. Indian Perspective: Yoga and Vedant. Western Perspective.</p> <p>Emergence of modern psychology: Questions from Western view;</p> <p>Debates: Free Will and Determinism, Empiricism and Rationality.</p>	Lecture	<p>Developing an understanding of the roots of ‘Psychology’ as a school of thought from a varied perspective – Indian and Western.</p> <p>understanding the major school of debates around human behaviour, consciousness and scientific thought from the Western views.</p>	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	12	<p><u>Core Course 6:</u> Psychological Research: <b>Unit 1: Research Traditions</b> : Quantitative &amp; Qualitative orientations towards research &amp; their steps,</p> <p>Comparing Qualitative &amp; Quantitative Research Traditions,</p> <p>Formulating a problem &amp; developing a testable research question / research hypothesis</p>	Lecture	<p>Acquiring theoretical and application based understanding of scientific research methodologies in Psychology.</p>	Continuous Internal Assessment, Internal Examinations and University Examinations.
3	12	<p><u>Core Course 7: Social Psychology:</u> <b>Unit 2: Understanding and evaluating the social world:</b></p> <p>Social cognition, Social perception,</p>	Lecture	<p>Learning the fundamental processes of Social cognition and functioning, relevance to real life</p>	Continuous Internal Assessment, Internal Examinations and University Examinations.

		Attitudes, Attitude-behaviour link; Strategies for attitude change		situations	
4	12	<u>Core Course 7: Social Psychology:</u> <b>Practicum:</b> 1. On Group Cohesiveness by Sociogram Method	Lecture & Demonstration	Hands on training in designing and carrying out experimentation in a specific area of social psychology	Continuous Internal Assessment, Internal Examinations and University Examinations.
5	14	<u>Skill Enhancement Elective Course (Skill Based) - A-01: Behaviour Modification:</u> Unit 2: Classical conditioning theory, basic principles, cognitive perspective and applications.  Operant conditioning theory, basic principles, punishment, negative reinforcement, schedules of reinforcement, cognitive perspective and applications.	Lecture	Learning theoretical and practical (application oriented) aspects of Learning as a fundamental psychological process	Continuous Internal Assessment, Internal Examinations and University Examinations.

### 3<sup>rd</sup> Semester Topic-wise Time Plan- Generic Elective

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	12	<u>Core Course 3:</u> Psychological Disorders: Unit 1: <b>Basic Concepts:</b>  Definition and criteria of abnormality, classification, Diathesis Stress Model	Lecture	Understanding the fundamental concept and model of abnormality – normality. Understanding ‘Stress’ and biopsychosocial factors related to it.	Continuous Internal Assessment, Internal Examinations and University Examinations.



2	8	<u>Core Course 3:</u> Psychological Disorders: <b>Practicum: 2.</b>  On Stress: Stress Life Event Scale (Holmes and Rahe, 1967)	Lecture and Demonstration	Hands on training on administration, scoring and interpretation of a psychometric test scale on stress	Continuous Internal Assessment, Internal Examinations and University Examinations.
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**Name of the teacher: SHANKHABELA MUKHERJEE**

**Initials: SM**

**Teaching Objective:**

- To generate interest and love for the subject
- To provide guidance beyond textbooks
- To prepare students for higher education and practical application of their knowledge

### 3<sup>rd</sup> Semester Topic-wise Time Plan- Honours

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	6	Core Course 5: Development of Psychological Thought. Unit 2: Positivist Orientation:  Cognitive revolution- A Paradigm Shift	Lecture and Discussion	Understandin g of the Gestalt School of thought in detail	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	6	Core Course 5: Development of Psychological Thought. Unit 3: Analytical Debates  Development of Third Force: Humanistic and Existential	Lecture and Discussion	Understandin g of the Humanistic- Existential ideas about psychological processes	Continuous Internal Assessment, Internal Examinations and University

					Examinations.
3	4	Core Course 5: Development of Psychological Thought: Practicum:  Word Association Test by Dr. Girendra Shekhar Bose	Lecture and demonstration	Hands-on- Training in psychometric testing of unconscious associations	Continuous Internal Assessment, Internal Examinations and University Examinations.
4	4	Core Course 5: Development of Psychological Thought: Practicum:  Indian Gender Role Identity Scale	Lecture and demonstration	Hands-on- Training in psychometric assessment of Gender Role Identity	Continuous Internal Assessment, Internal Examinations and University Examinations.
	14	Core Course 6: Psychological Research. Unit: 3: Methods of data collection  Case study, Observation, Interview & Focus group discussion, Survey, Use of Secondary Data	Lecture and Discussion	Basic understanding of the various methods used in psychological research	Continuous Internal Assessment, Internal Examinations and University Examinations.
5	12	Core Course 7: Social Psychology: Unit 3: Social Interaction and Influence:  Interpersonal attraction, Pro-social behaviour, Aggression, Social Influence	Discussion	Acquiring an understanding of some of the basic social processes that also have great application in personal life and provide a perspective into current affairs and world events	Continuous Internal Assessment, Internal Examinations and University Examinations.
6	14	Skill Enhancement Elective	Lecture,	Knowledge	Continuous

		<p>Course (Skill Based)- A-01: Behaviour Modification: Unit 3: Techniques:</p> <p>Token economy, Contingencies, Shaping, Premack Principle</p>	<p>Discussion, and Demonstration</p>	<p>and understanding of techniques of behaviour modification, and the skills to identify such techniques</p>	<p>Internal Assessment, Internal Examinations and University Examinations.</p>
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### 3<sup>rd</sup> Semester Topic-wise Time Plan- Generic Elective

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
1	14	<p>Core Course 3: Psychological Disorders: Unit 3: Clinical features:</p> <p>Generalized Anxiety Disorder, Obsessive Compulsive Disorder, Major Depression, Bipolar I disorder, Schizophrenia- According to current nomenclature (DSM)</p>	Lecture	Understanding of the basic features, signs, and symptoms of major psychological disorders	Continuous Internal Assessment, Internal Examinations and University Examinations.