

**LORETO COLLEGE**  
**TIME PLAN**  
**March 2023 – June 2023**

**Name of the teacher : DR. DINAZ R. JEEJEEBHOY**  
**Initials : DJ**

**Teaching Objective:**

- To impart knowledge and understanding of concepts
- To encourage reading beyond classroom text
- To prepare students to understand the human mind and behaviour

**Semester II (Psychology Honours)**  
**Topic-wise Time Plan**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
<b>CORE COURSE 3</b> Biopsychology	14	<b>Unit 2: The Functioning brain:</b> Structures & functions of neurons, neural conduction & synaptic transmission	Lecture coupled with power point presentation, interaction with and participation of students and classroom discussion	Knowing about fundamentals of the functioning of the neuronal system in the brain	Continuous Internal Assessment, Home and class assignments and University Examinations.
<b>CORE COURSE 4</b> Psychology of Individual Differences	6	<b>Unit 2: Intelligence:</b> Heredity, environment & intelligence, group differences in intelligence extremes of intelligence	Lecture coupled with power point presentation, interaction with and participation of students and classroom discussion	Knowing how nature and nurture interact for intelligence to reach its potential and identifying and understanding the needs of the gifted and mentally retarded children	Continuous Internal Assessment, Home and class assignments and University Examinations
<b>PRACTICAL CC 3</b> Biopsychology	15	Simple Reaction Time	Demonstration and Lecture	Understanding the methodology of data collection understanding how to and analysis of the data collected	Continuous Internal Assessment, Home and class assignments, recording of practical work done in the file and University Examinations.

**LORETO COLLEGE**  
**TIME PLAN 2022-2023**  
**MARCH 2023 -JUNE 2023**

**Name of the teacher: DR. SAYANTANI CHATTERJEE**  
**Initials: SC**

**Teaching Objective:**

- To impart comprehensive knowledge
- To provide guidance beyond textbooks
- To prepare students for higher education

**2<sup>nd</sup> Semester Topic-wise Time Plan- Honours**

<b>Topic s</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
1	6	Core Course 3: Biopsychology: Unit 3: Organization of Nervous System:  Functional abnormalities of neurotransmitters: dopamine and serotonin hypothesis.	Lecture	Knowing about fundamental concepts related to Nervous System and their applications	Continuous Internal Assessment, Internal Examinations and University Examinations .
2	4  12	Core Course 4: Psychology of Individual Differences: Unit 2: Intelligence:  Emotional Intelligence  Unit 4: Enhancing Individual's Potential:  Self-determination theory; Enhancing cognitive potential, Self Regulation and Self Enhancement	Lecture	Knowing about a major type of intelligence and its applications.   Understandin g the concept of Self from different perspectives.	Continuous Internal Assessment, Internal Examinations and University Examinations .
3	6	Core Course 4: Psychology of Individual Differences: Practicum - Determination of Intelligence by using Terman Merrill Adult Intelligence Test (Form	Lecture and Demonstratio n	Hands-on- Training on administration of Psychometric tests and interpretation of data.	Continuous Internal Assessment, Internal Examinations and University Examinations

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### 2<sup>nd</sup> Semester Topic-wise Time Plan- Generic Elective

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
1	12	Core Course 2: Introduction to Social Psychology: Unit 1: Introduction: Brief History of Social Psychology (special emphasis on India), Scope of Social Psychology, Levels of Social Behaviour, Approaches towards understanding social behaviour.	Lecture	Gathering knowledge about the historical sketch and early developments of Social Psychology.	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	6	Core Course 2: Introduction to Social Psychology: Practicum- Influence of group on Individual Behaviour	Lecture and Demonstration	Hands-on-training on understanding the impact of social/ group situation on behaviour.	Continuous Internal Assessment, Internal Examinations and University Examinations.

**LORETO COLLEGE**  
**TIME PLAN**  
**March – June 2023**

**Name of the teacher: DR. JHELUM PODDER**  
**Initials: JP**

**Teaching Objective:**

- To instil creative thought process about the topics taught
- To provide explanation from different perspectives of human associations
- To understand individual differences in a more comprehensive manner through practical approaches.

**2nd Semester Topic-wise Time Plan- Honours**

<b>Topic s</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
1	8	<b>CORE COURSE 3</b> <b>BIOPSYCHOLOGY</b>  <b>UNIT 1:</b>  Introduction to biopsychology: Nature and scope; Methods and ethics in biopsychology; Divisions of biopsychology.	Lecture, power point and short video showcasing	Gathering in-depth knowledge about the field of biopsychology, methods used and branches.	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	10	<b>CORE COURSE 4</b> <b>PSYCHOLOGY OF INDIVIDUAL DIFFERENCES</b>  <b>UNIT 1:</b>  Personality: Nature of personality; Biopsychosocial foundations of personality; Culture, gender and personality; Perspectives on personality: Psychodynamic (Freud)	Lecture and short video showcasing	Gaining detailed and comprehensive knowledge about personality, factors affecting it and Freudian theory	Continuous Internal Assessment, Internal Examinations and University Examinations.
3	2	<b>CORE COURSE 4</b> <b>PSYCHOLOGY OF INDIVIDUAL DIFFERENCES: PRACTICUM</b>	Lecture and demonstration	Hands – on training of testing human personality	Practical File Work, Home Assignment s, Continuous

		<b>UNIT 2:</b> The Sixteen Personality Factor (16PF) Questionnaire.			Internal Assessment, Internal Examinations and University Examinations
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### 2nd Semester Topic-wise Time Plan- Generic Elective

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
1	12	<b>CORE COURSE 2: INTRODUCTION TO SOCIAL PSYCHOLOGY</b>  <b>UNIT 4:</b> Group dynamics: Key aspects of groups (Structure, Function and Types of Groups), cooperation and conflict	Lecture	Gathering knowledge about the concept of group, its functions and dynamics.	Continuous Internal Assessment, Internal Examinations and University Examinations.

**LORETO COLLEGE**  
**TIME PLAN**  
**March 2023 – June 2023**

**Name of the teacher: DR. SAONI BANERJEE**

**Initials: SB**

**Teaching Objective:**

- To impart comprehensive knowledge
- To provide guidance beyond textbooks
- To prepare students for higher education

**2<sup>nd</sup> Semester Topic-wise Time Plan- Honours**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
1	14	<u>Core Course 3: Biopsychology:</u> <b>Unit 4:Neuroendocrine system:</b> Structure, functions and abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary	Lecture and PPT	Understanding the fundamental biological bases of behaviour – hormonal perspective. Relating that to behavioural dysfunctions and mind-body connection.	Continuous Internal Assessment, Internal Examinations and University Examinations.
2	20	<u>Core Course : Practicum:</u> On Reaction Time –Choice and Discriminative Reaction Time ( Emphasis on Physiological Explanation).	Lecture and Demonstration	Hands on knowledge in experimentation with human subject, data recording, observation and interpretation.	Continuous Internal Assessment, Internal Examinations and University Examinations.
3	2+10	<u>Core Course 4:Psychology of individual differences</u>	Lecture and Ppt	Developing varied indigenous understanding	Continuous Internal Assessment, Internal

		<p><b>Unit 1: Perspectives on Personality:</b> Humanistic (Maslow)</p> <p><b>Unit 3: Indian approach:</b> Self and Identity from Indian Perspective: Nyaya, Vedanta and Buddhist views of Self.</p> <p><b>Unit 4: Enhancing Individual's potential:</b> Fostering creativity</p>		<p>of the 'self'.</p> <p>Understanding the psychological basis of creativity</p>	Examinations and University Examinations.
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#### 2<sup>nd</sup> Semester Topic-wise Time Plan- Generic Elective

<i>Topics</i>	<i>Hours allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	12	<p><u>Core Course 2:</u></p> <p><b>Unit 2: Individual Level Processes:</b></p> <p>Attitude: formation, change &amp; resistance to change.</p>	Lecture, ppt.	<p>Learning theoretical aspects of attitude.</p>	<p>Continuous Internal Assessment, Internal Examinations and University Examinations.</p>

**LORETO COLLEGE**  
**TIME PLAN**  
**March 2023- June 2023**

**Name of the Teacher: Sumita Palit**

**Initials: SP**

**Teaching Objective:**

- To make the concepts easily understandable with relatable real-life examples and experiences.
- To make the students understand the concepts and importance of biological systems in interpreting various psychological attributes.
- To prepare the students in understanding concepts of personality and intelligence and apply concepts of social psychology in understanding human behaviour.

**2<sup>nd</sup> Semester Topic-wise Time Plan- Honours**

<b>Topics</b>	<b>Hours Allotted</b>	<b>Topics (As per curriculum)</b>	<b>Teaching Method</b>	<b>Learning Outcome (Output)</b>	<b>Assessment</b>
1	14	<b>CORE COURSE 3: Biopsychology:</b>  Unit 3:  Organisation of Nervous System: CNS and PNS	Lecture, Discussion, Demonstration.	Understanding the importance of Nervous System in behaviour and cognitive processes.	Continuous Internal Assessment, Internal Examinations, University Examinations.
2	6	<b>CORE COURSE 3: Biopsychology:</b>  Practical:  On Arousal: Determination of the effect of variation of different levels of attentive task on arousal (Pneumograph)	Lecture, Discussion, Demonstration.	Understanding experiment as a method of psychology and understanding and having hands-on experience with the effect of various levels of attentive tasks on arousal.	Continuous Internal Assessment, Internal Examinations, University Examinations.

3	4	<b>CORE COURSE 4: Psychology of Individual Differences:</b>  Unit 1:  Bandura's theory of Personality	Lecture, Discussion, Demonstration.	Understanding of the concept of personality and one of the theories of Personality.	Continuous Internal Assessment, Internal Examinations, University Examinations.
4	4	<b>CORE COURSE 4: Psychology of Individual Differences:</b>  Unit 2:  Concept of Intelligence	Lecture, Discussion, Demonstration.	Understanding the concept of intelligence and factors in reference to it.	Continuous Internal Assessment, Internal Examinations, University Examinations.
5	4	<b>CORE COURSE 4: Psychology of Individual Differences:</b>  Unit 3:  Indian Approach: Sankhya Perspective of Personality	Lecture, Discussion, Demonstration.	Understanding Personality from Indian Perspective.	Continuous Internal Assessment, Internal Examinations, University Examinations.

### 2<sup>nd</sup> Semester Topic-wise Time Plan- Generic Elective

Topics	Hours Allotted	Topics (As per curriculum)	Teaching Method	Learning Outcome (output)	Assessment
1	10	<b>CORE COURSE 2: Social Psychology:</b>  Unit 3:  Interpersonal processes  Interpersonal	Lecture, Discussion, Demonstration.	Theoretical understanding of various social processes.	Continuous Internal Assessment, Internal Examinations, University Examinations.

		attraction, prosocial behaviour, aggression			
2	4	<b>CORE COURSE 2: Social Psychology:</b>  Practical: On group cohesiveness	Lecture, Discussion, Demonstration.	Understanding social cohesiveness and hands-on experience in measuring and interpreting it through an experiment.	Continuous Internal Assessment, Internal Examinations, University Examinations.