

**LORETO COLLEGE**  
**TIME PLAN**  
**August 2025 – January 2026**

**Name of the teacher : DR. DINAZ R. JEEJEEBHOY**  
**Initials : DJ**

**Teaching Objective:**

- To impart knowledge and understanding of concepts
- To encourage reading beyond classroom text
- To prepare students to understand the human mind and behaviour

**Semester III (Psychology PG)**  
**Topic-wise Time Plan**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
Module CC - 11 Clinical Psychology	-	Clinical Features of: Schizophrenia  Overview of Personality Disorders: Borderline, Antisocial	Utilize interactive lectures, clinical case discussions, and DSM-5-based diagnostic criteria. to understand symptomatology. Engage students through group activities, patient narratives to reinforce learning. Encourage reflection and differential diagnosis practice to solidify understanding of major psychiatric disorders and personality pathology.	Students will recognize and describe key clinical features of schizophrenia, dissociative disorders, and selected personality disorders. They will differentiate between conditions using symptom profiles and diagnostic criteria, demonstrating understanding through case analysis. Learners will be equipped to apply this knowledge in clinical assessment and management of psychiatric presentations.	Continuous Internal Assessment, Home and class assignments and University Examinations .
Module EC - 1.1	-	Clinical Psychology Special Practical I  Case History MSE / Behavioral Observation	Adopt a blended learning approach using interactive lectures, guided tool demonstrations, and real-world clinical scenarios. Include	Students will identify and apply appropriate assessment tools for schizophrenia, dissociative, and personality	Continuous Internal Assessment, Home and class assignments and

		Psychometric Assessment	<p>workshops on psychometric properties, interpretation techniques, and ethical use. Provide access to validated scales and allow supervised practice.</p> <p>Encourage collaborative learning through small-group tool application and reflective discussions on assessment challenges.</p>	<p>disorders. They will demonstrate the ability to administer, score, and interpret results using standardized instruments, enhancing diagnostic accuracy.</p> <p>Learners will gain confidence in selecting tools suited to clinical presentations and integrating findings into care planning.</p>	University Examinations .
Module EC - 1.1	-	Clinical Supervision for 3 students	<p>Implement structured clinical supervision through case presentations, reflective practice, and one-on-one mentoring. Use direct observation, feedback sessions, and group supervision to enhance diagnostic reasoning and communication skills.</p> <p>Encourage ethical awareness and professional growth through discussion of challenging cases.</p>	<p>Students will demonstrate increased clinical competence through supervised practice, refining diagnostic accuracy. They will develop reflective skills, integrate feedback, and apply ethical standards in managing psychiatric cases.</p> <p>Learners will gain confidence and accountability in delivering patient-centered care under guided clinical supervision.</p>	Continuous Internal Assessment, Home and class assignments and University Examinations .

**LORETO COLLEGE**  
**TIME PLAN**  
**August 2025 – January 2026**

**Name of the teacher : DR. SAYANTANI CHATTERJEE**  
**Initials : SC**

**Teaching Objective:**

- To impart comprehensive knowledge
- To provide guidance beyond textbooks
- To prepare students for higher education

**Semester III (Psychology PG)**  
**Topic-wise Time Plan**

<b><i>Topics</i></b>	<b><i>Hours allotted</i></b>	<b><i>Topics (as per curriculum)</i></b>	<b><i>Teaching method</i></b>	<b><i>Learning outcome (output)</i></b>	<b><i>Assessment</i></b>
Module CC12 Positive Psychology	-	Introduction to Positive Psychology  Strength-Based Development: Forgiveness, Humor, Happiness, Gratitude, Silence, Authenticity	Lecture and Discussion with relevant examples	Acquiring knowledge of fundamentals of Positive Psychology and its different dimensions	Continuous Internal Assessment, Home and class assignments and University Examinations

**LORETO COLLEGE**  
**TIME PLAN**  
**August 2025 – January 2026**

**Name of the teacher : MRS. NAYANIKA SAHA**  
**Initials : NS**

**Teaching Objective:**

- To instil creative thought process about the topics taught
- To provide explanation from different perspectives of human associations
- To understand individual differences in a more comprehensive manner through practical approaches.

**Semester III (Psychology PG)**  
**Topic-wise Time Plan**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
Module CC - 11 Clinical Psychology	-	Clinical Features of: Generalized Anxiety Disorder, Phobia, OCD  Overview of Personality Disorders: Anankastic	Utilize interactive lectures, clinical case discussions, and DSM-5-based diagnostic criteria. to understand symptomatology. Engage students through group activities, patient narratives to reinforce learning. Encourage reflection and differential diagnosis practice to solidify understanding of major psychiatric disorders and personality pathology.	Students will recognize and describe key clinical features of Generalized Anxiety Disorder, Phobia and OCD and selected personality disorders. They will differentiate between conditions using symptom profiles and diagnostic criteria, demonstrating understanding through case analysis.  Learners will be equipped to apply this knowledge in clinical assessment and management	Continuous Internal Assessment, Home and class assignments and University Examinations.

				of psychiatric presentations.	
Module EC - 1.1	-	Clinical Psychology Special Practical I  Psychometric Assessment	Adopt a blended learning approach using interactive lectures, guided tool demonstrations, and real-world clinical scenarios. Include workshops on psychometric properties, interpretation techniques, and ethical use. Provide access to validated scales and allow supervised practice. Encourage collaborative learning through small-group tool application and reflective discussions on assessment challenges.	Students will identify and apply appropriate assessment tools for schizophrenia, dissociative, and personality disorders. They will demonstrate the ability to administer, score, and interpret results using standardized instruments, enhancing diagnostic accuracy. Learners will gain confidence in selecting tools suited to clinical presentations and integrating findings into care planning.	
Module EC - 1.1	-	Clinical Supervision for 3 students	Implement structured clinical supervision through case presentations, reflective practice, and one-on-one mentoring. Use direct observation, feedback sessions, and group	Students will demonstrate increased clinical competence through supervised practice, refining diagnostic accuracy. They will develop reflective skills, integrate feedback, and	Continuous Internal Assessment, Home and class assignments and University Examinations.

		<p>supervision to enhance diagnostic reasoning and communication skills. Encourage ethical awareness and professional growth through discussion of challenging cases.</p>	<p>apply ethical standards in managing psychiatric cases. Learners will gain confidence and accountability in delivering patient-centered care under guided clinical supervision.</p>	
--	--	---	---	--

**LORETO COLLEGE**  
**TIME PLAN**  
**August 2025 – January 2026**

**Name of the teacher : MS. SOMALI MUKHERJEE**  
**Initials : SM**

**Teaching Objective:**

- To instil creative thought process about the topics taught
- To provide explanation from different perspectives of human associations
- To understand individual differences in a more comprehensive manner through practical approaches.

**Semester III (Psychology PG)**  
**Topic-wise Time Plan**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
<b>CC12</b> Positive Being and Growth	–	Mindfulness Yogic Philosophy Meditation Buddhist Philosophy	Using interactive discussions, lectures, and case examples to venture in depth into the topics.	Orienting students with the latest holistic, ethnocentric, developments in the field	Continuous Internal Assessment, Home and class assignments and University Examinations.
<b>EC 1.1</b> Clinical Psychology Special Practical	–	Dissociative Disorder	Using classroom simulations, case examples, and direct experiences from the clinical settings to facilitate history taking.	Orienting students with the possibilities of the clinical setting and learning to integrate interviewing techniques into assessments	Continuous Internal Assessment, Home and class assignments and University Examinations.
<b>EC 1.1</b> Clinical Psychology Special Practical	–	Clinical Supervision of 2 students	Structured clinical supervision involving direct observation, mentorship in group and individual settings, giving reflective feedback to facilitate clinical	Students will develop clinical competence, understanding and delivering patient-centered care and align with ethical standards of managing	Continuous Internal Assessment, Home and class assignments and University Examinations.

		assessment and accuracy in diagnostic decision making/reasoning, and ethical considerations of the clinical setting.	psychiatric cases.	
--	--	--	--------------------	--

**LORETO COLLEGE**  
**TIME PLAN**  
**August 2025 – January 2026**

**Name of the teacher : MS. SAYANI BANERJEE**  
**Initials : SB**

**Teaching Objective:**

To instil creative thought process about the topics taught

- To provide explanation from different perspectives of human associations
- To understand individual differences in a more comprehensive manner through practical approaches.

**Semester III (Psychology PG)**  
**Topic-wise Time Plan**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
Module CC - 11 Clinical Psychology		Classifications of psychiatric disorders - ICD & DSM  Clinical Features of Mood Disorders (Bipolar Affective Disorder, Depression)	Lectures, interactive discussions, clinical case examples and doubt clearing sessions	Students will understand different Classification categories and diagnostic criteria, knowledge on psychiatric nosology and the history of classification systems. They will also gain in depth knowledge about the clinical features of various mood disorders.	Continuous Internal Assessment, Home and class assignments and University Examinations.
Module CC12 Positive Psychology		Strength Based Development- Resilience, Hope	Lectures, interactive discussions, examples and doubt clearing sessions	Detailed knowledge and application of the theories of Hope and Resilience.	Continuous Internal Assessment, Home and class assignments and University Examinations.
Module EC - 1.1		Clinical Psychology Special Practical I	Lectures, Discussions, practical	Students will learn how to use several	Continuous Internal Assessment,

		Psychometric Assessment	demonstrations	clinical assessment tools and tests, scoring and interpretation, develop judgement of suitable test applications, and giving provisional diagnosis	Home and class assignments and University Examinations.
Module EC - 1.1		Clinical Supervision for 3 students	Structured clinical supervision through case presentations, reflective practice, and one-on-one mentoring. Use direct observation, feedback sessions, and group supervision. Encourage ethical awareness and professional growth through discussion of challenging cases.	Students will demonstrate increased clinical competence and diagnostic accuracy. They will develop reflective skills, integrate feedback, and apply ethical standards in managing psychiatric cases.	Continuous Internal Assessment, Home and class assignments and University Examinations.

**LORETO COLLEGE**  
**TIME PLAN**  
**August 2025 – January 2026**

**Name of the teacher : MS. MAUPALI GHOSH**  
**Initials : MG**

**Teaching Objective:**

To instil creative thought process about the topics taught

- To provide explanation from different perspectives of human associations
- To understand individual differences in a more comprehensive manner through practical approaches.

**Semester III (Psychology PG)**  
**Topic-wise Time Plan**

<b>Topics</b>	<b>Hours allotted</b>	<b>Topics (as per curriculum)</b>	<b>Teaching method</b>	<b>Learning outcome (output)</b>	<b>Assessment</b>
Module EC - 1.1		Clinical Supervision for 3 students	Structured clinical supervision through case presentations, reflective practice, and one-on-one mentoring. Use direct observation, feedback sessions, and group supervision. Encourage ethical awareness and professional growth through discussion of challenging cases.	Students will demonstrate increased clinical competence and diagnostic accuracy. They will develop reflective skills, integrate feedback, and apply ethical standards in managing psychiatric cases.	Continuous Internal Assessment, Home and class assignments and University Examinations.