

LORETO COLLEGE
DEPARTMENT OF HUMAN RIGHTS
TIME PLAN 2025-2026

Name of the teacher: Chaitali Karmakar

Initials: CK

Teaching Objectives: The students will be able to:

1. Recognise and understand that **Human Rights principles are universal, fundamental, and enduring**, not merely utopian ideals.
2. Foster a **culture of respect for Human Rights and Duties** in personal, social, and professional life.
3. Enhance depth of understanding of **injustices, violations, and mechanisms of redressal** at national and international levels.
4. Imbibe a **holistic and critical perspective** of the historical, philosophical, legal, and humanitarian aspects of Human Rights.
5. Apply their knowledge to **real-life contexts** and become **responsible agents of change** in society.

Semester III

Topic wise Time Plan Human Rights

Course: M2 (Minor-2) (HRT-G-CC-3-TH)

Topic- Introduction to Human Rights: Norms Jurisprudence Standards and Mechanisms and International Humanitarian Law

<i>Sl. No.</i>	<i>Hours Allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	4	Philosophical and historical foundation of human rights and duties	Lecture and Discussion	Understand the origins and philosophical justifications of human rights	Continuous Internal Assessment, University Theoretical Examination
2	6	Theories of rights		Understand and critically analyse the major theories of rights and their relevance in contemporary human rights discourse	

3	2	Concept and classifications of human rights and duties	Lecture and Discussion	Identify and explain the concept, scope, and various classifications of human rights and duties.	Continuous Internal Assessment, University Theoretical Examination
4	2	Importance of internalizing human rights and duties		Understand the significance of internalizing human rights and duties for fostering responsible citizenship and social harmony.	
5	4	Evolution of human rights and duties on the international plane		Trace the historical evolution of human rights and duties on the international plane.	
6	12	The United Nations Charter and the development of human rights Provisions of the Charter, Universal Declaration of Human Rights 1948, International Covenant on Civil and Political Rights 1966 and International Covenant on Economic, Social and Cultural Rights 1966, and other major UN instruments on human rights (Conventions on Racial Discrimination, Women's Rights, Rights of the Child, Torture)		Knowledge of specific conventions on vulnerable groups	
7	6	Evolution of IHL since the mid nineteenth century: IHL conventions 1864, 1899 1907, 1929, and 1949, 1977 Geneva Protocols II & I.		Trace historical development of IHL	
8	8	Basic principles: humanity, protection of civilians and civilian objects, humane treatment of prisoners and civilians under custody, prohibition of use of weapons and methods of warfare, causing superfluous injury and unnecessary suffering, prohibition of widespread, long-term and severe damage to natural environment.		Apply IHL principles to conflict situations	
9	2	Geneva Conventions Act 1949		Understanding the significance of the Geneva	

				Conventions Act 1949 in giving domestic effect to international humanitarian obligations.	Continuous Internal Assessment, University Theoretical Examination
10	2	Indian Red Cross Society		Familiarity with national legal measures and humanitarian role	
11	2	The role of International Committee of Red Cross		Familiarity with International legal measures and humanitarian role	
12	10	Practical on any chosen topic from HRT-G-CC-3-TH	Independent study, Faculty mentoring and Presentation	Develop research skills, critical analysis, and academic writing ability	University Practical Examination

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2. Foster a **culture of respect for Human Rights and Duties** in personal, social, and professional life.
3. Enhance depth of understanding of **injustices, violations, and mechanisms of redressal** at national and international levels.
4. Imbibe a **holistic and critical perspective** of the historical, philosophical, legal, and humanitarian aspects of Human Rights.
5. Apply their knowledge to **real-life contexts** and become **responsible agents of change** in society.

Semester III

Topic wise Time Plan Human Rights

Course: Minor MDC (HRT-MD-CC-1-TH)

Topic- Introduction to Human Rights: Norms Jurisprudence Standards and Mechanisms and International Humanitarian Law

<i>Sl. No.</i>	<i>Hours Allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	4	Philosophical and historical foundation of human rights and duties	Lecture and Discussion	Understand the origins and philosophical justifications of human rights	Continuous Internal Assessment, University Theoretical Examination
2	6	Theories of rights		Understand and critically analyse the major theories of rights and their relevance in contemporary human rights discourse	

3	2	Concept and classifications of human rights and duties	Lecture and Discussion	Identify and explain the concept, scope, and various classifications of human rights and duties.	Continuous Internal Assessment, University Theoretical Examination
4	2	Importance of internalizing human rights and duties		Understand the significance of internalizing human rights and duties for fostering responsible citizenship and social harmony.	
5	4	Evolution of human rights and duties on the international plane		Trace the historical evolution of human rights and duties on the international plane.	
6	12	The United Nations Charter and the development of human rights Provisions of the Charter, Universal Declaration of Human Rights 1948, International Covenant on Civil and Political Rights 1966 and International Covenant on Economic, Social and Cultural Rights 1966, and other major UN instruments on human rights (Conventions on Racial Discrimination, Women's Rights, Rights of the Child, Torture)		Knowledge of specific conventions on vulnerable groups	
7	6	Evolution of IHL since the mid nineteenth century: IHL conventions 1864, 1899 1907, 1929, and 1949, 1977 Geneva Protocols II & I.		Trace historical development of IHL	
8	8	Basic principles: humanity, protection of civilians and civilian objects, humane treatment of prisoners and civilians under custody, prohibition of use of weapons and methods of warfare, causing superfluous injury and unnecessary suffering, prohibition of widespread, long-term and severe damage to natural environment.		Apply IHL principles to conflict situations	
9	2	Geneva Conventions Act 1949		Understanding the significance of the Geneva	

				Conventions Act 1949 in giving domestic effect to international humanitarian obligations.	Continuous Internal Assessment, University Theoretical Examination
10	2	Indian Red Cross Society		Familiarity with national legal measures and humanitarian role	
11	2	The role of International Committee of Red Cross		Familiarity with International legal measures and humanitarian role	
12	10	Practical on any chosen topic from HRT-MD-CC-1-TH	Independent study, Faculty mentoring and Presentation	Develop research skills, critical analysis, and academic writing ability	University Practical Examination

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Teaching Objectives: The students will be able to:

1. **Recognise and understand** the vulnerabilities and marginalisation faced by specially disadvantaged sections of society, such as women, children, persons with disabilities, minorities, and economically weaker groups.
2. **Foster sensitivity and empathy** towards the lived realities of these groups and the challenges they encounter in securing their rights.
3. **Enhance awareness** of constitutional safeguards, legal provisions, and welfare measures designed for their protection and empowerment.
4. **Imbibe a critical perspective** on the structural inequalities, discrimination, and systemic barriers that perpetuate disadvantage.
5. **Apply knowledge and values** to advocate for inclusion, equity, and social justice in both personal and professional domains.

Semester III

Topic wise Time Plan Human Rights

Course: Skill Enhancement Course for MDC (HRT-SEC-1-TH)

Topic- Overview of Specially Disadvantaged Sections of the Society

<i>Sl. No.</i>	<i>Hours Allotted</i>	<i>Topics (as per curriculum)</i>	<i>Teaching method</i>	<i>Learning outcome (output)</i>	<i>Assessment</i>
1	4	Scheduled Castes/Scheduled Tribes and Other Backward Classes	Lecture and Discussion	Understanding the historical discrimination faced by these groups and evaluate constitutional safeguards and affirmative action measures for their upliftment.	Continuous Internal Assessment, University Theoretical Examination
2	4	Minorities		Understanding the cultural, religious, and linguistic rights of minorities and assess	

				mechanisms ensuring their protection and inclusion in society.	
3	4	Women and Children		Understanding the specific vulnerabilities of women and children and examine national and international frameworks addressing their rights and welfare.	
4	4	Disabled Individuals		Recognising challenges faced by persons with disabilities and apply knowledge of legal protections and inclusive practices to promote equality.	
5	4	The Elderly and Oldest Old		Evaluating the issues of ageing, elder abuse, and neglect, while exploring policies and programs that ensure dignity and social security for older persons.	
6	4	Migrant workers		Understanding the unique identity, culture, and rights of indigenous peoples and analyse efforts to safeguard their land, resources, and traditions	
7	4	LGBTQIA+		Learners will be able to critically examine the struggles for recognition and equality of LGBTQIA+ individuals and evaluate the impact of progressive legal and social reforms.	
8	4	Indigenous communities		Understanding the unique identity, culture, and rights of indigenous peoples and analyse efforts to safeguard their land, resources, and traditions.	
			Lecture and Discussion		Continuous Internal Assessment, University Theoretical Examination