

2021

PSYCHOLOGY — HONOURS

Paper : CC-14

(Counselling Psychology)

Full Marks : 50

The figures in the margin indicate full marks.

*Candidates are required to give their answers in their own words
as far as practicable.*

1. Write notes on **any two** of the following (each within **100** words) : 5×2
 - (a) Working alliance
 - (b) Goals of Counselling
 - (c) Role of Confidentiality in Counselling
 - (d) Unconditional acceptance.

 2. Answer **any one** question from the following (within **150** words) : 10×1
 - (a) What are the various personality characteristics of an effective counsellor?
 - (b) Write a short note on Yoga as one of the techniques of Counselling.
 - (c) How does career counselling take place? Explain with suitable example(s).

 3. Answer **any two** questions from the following (within **200** words) :
 - (a) Define the term 'counselling'. Differentiate between psychoanalytic and humanistic techniques of counselling. 3+12
 - (b) What is meant by crisis-intervention? How can counselling be provided to a client having a history of sexual abuse? 5+10
 - (c) Explain the salient features of behavioural techniques of counselling. 15
 - (d) Discuss the professional ethical issues in counselling. 15
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