

BRIDGE COURSE
DEPARTMENT OF HUMAN RIGHTS
Session 2025-2026

- **Audience:** Human Rights Minor/MDC students of SEM 1/SEM 3
- **Duration:** 10 sessions (45 minutes each class)
- **Name of the Faculty:** Chaitali Karmakar

❖ **Purposes of Bridge Course in Human Rights**

1. **Introduce the Discipline** – To give students a basic understanding of Human Rights as an academic subject.
2. **Build Foundation** – To provide clarity on key concepts, principles and historical background before entering the core syllabus.
3. **Remove Knowledge Gaps** – To bring students from diverse academic subjects (arts, science, vocational) to a common level of awareness.
4. **Familiarize with Course & Exam Pattern** – To explain the structure of the syllabus, types of questions, marks distribution and expectations from students.
5. **Develop Critical Thinking** – To encourage reflections on rights, duties and justice in everyday life.
6. **Connect Theory with Reality** – To sensitize students about contemporary human rights issues at local, national and international levels.
7. **Confidence and Comfort** – To make students comfortable with the subject, reduce hesitation and encourage active participation.
8. **Skill Orientation** – To begin developing communication, analytical and problem-solving skills through group discussions, quiz, debates and activities.

❖ **Course Details**

Session	Course Component	Objective	Outcome
1	CCF Syllabus, Question Pattern and Exam Pattern	To familiarize students with the course framework, syllabus structure, and evaluation methods.	Students understand the exam pattern, question types, and course flow, which reduces anxiety and helps in planning studies.

2	Introduction to Human Rights and Basic Concepts of Human Rights	To provide fundamental knowledge of Human Rights and its relevance in daily life.	Students can define Human Rights, identify core values, and relate them to real-life situations.
3	Historical and Philosophical Foundation of Human Rights	To trace the origin, evolution, and moral reasoning behind Human Rights.	Students gain insight into the philosophical roots and historical struggles that shaped Human Rights.
4	Generation of Human Rights	To explain the three generations (civil-political, socio-economic, collective rights) of Human Rights.	Students are able to differentiate between various generations and understand their relevance in society.
5	Role of United Nation and other UN Bodies in Promotion and Protection of Human Rights	To make students aware of the UN's contribution and specialized agencies in safeguarding rights.	Students understand the functions of UN bodies like in promoting Human Rights globally.
6	International Human Rights Instruments and Mechanisms	To introduce important international treaties, conventions, and enforcement mechanisms.	Students become familiar with UDHR, ICCPR, ICESCR, CEDAW, CRC and the global Human Rights framework.
7	Human Rights in India Part 1	To study constitutional provisions, Fundamental Rights, and Directive Principles related to Human Rights in India.	Students can identify how the Indian Constitution protects Human Rights.
8	Human Rights in India Part 2	To highlight the role of statutory bodies (NHRC, SHRC, Commissions) and Human Rights movements in India.	Students understand the working of institutions and civil society in protecting Human Rights in India.
9	Quiz and Debates	To encourage active participation, critical	Students develop communication, reasoning, and analytical skills while

		thinking, and application of knowledge.	reinforcing subject knowledge.
10	Poster Making	To promote creative expression and awareness building on Human Rights issues.	Students learn to communicate Human Rights messages visually, enhancing both creativity and social sensitivity.

❖ Outcomes of the Bridge Course

By the end of the bridge course, students will be able to:

1. **Familiarize with the Course & Syllabus** – Gain a clear understanding of the Human Rights curriculum, structure, and semester plan.
2. **Understand Exam Pattern** – Develop awareness of the question paper style, marking scheme, and preparation strategy.
3. **Build Conceptual Clarity** – Acquire a basic foundation of key human rights concepts, history, and importance.
4. **Overcome Academic Gaps** – Bridge the gap between school-level learning and UG-level expectations.
5. **Develop Confidence** – Feel comfortable and motivated to engage with core subjects in upcoming semesters.
6. **Encourage Active Learning** – Cultivate habits of discussion, questioning, and critical thinking.
7. **Prepare for Assessments** – Be better equipped for classroom participation, assignments, and exams.