CAREER ORIENTED COURSE: HUMAN RIGHTS AND EMPOWERMENT COURSE

2020 Session

Theory: 30 hours

Practical: 20 hours


Origin of Human Rights

- Magna Carta, American Bill of Rights, French Revolution, League of Nations
- World War I and II, UDHR
- International Covenants: ICCPR and ICESCR

Monitoring and Implementation mechanism of human rights

- Human Rights Committee (ICCPR)
- Committee on Economic, Social and Cultural Rights (ICESCR)
- Committee on the Elimination of Racial Discrimination (CERD)
- Committee on the Elimination of Discrimination Against Women (CEDAW)
- Committee Against Torture (CAT); Sub-Committee on Prevention of Torture
- Committee on Rights of Child (CRC)
- Committee on Migrant Workers (CMW)
- Committee on Rights of Persons with Disabilities (CRPD)
- Committee on Enforced Disappearances (CED)

International Humanitarian Law

- Geneva Convention
- International Red Cross Society
- Role of UNHCR for Refugees
- International Tribunals
- International Criminal Courts

International Organization

- ILO, UNESCO, UNICEF, WHO
- Amnesty International and Human Rights Watch
• European Commission on Human Rights

B. Human Rights in India: Access to Justice

Constitution of India

• History
• Preamble
• Fundamental Rights
• Directive Principles of State Policy
• Fundamental Duties
• Encapsulating spirit of ‘Human Rights’ within the text of Constitution

Human Rights Enforcement

• NHRC, SHRC & Human Rights Court: Composition, Structure, Power and Functions
• Landmark Judgments by Supreme Court
• Legal terms and processes:
  ➢ Civil Law
  ➢ Criminal Law (Special reference to CrPC) – Cognizable offence vs Non-Cognizable offence; Bailable offence vs Non-Bailable offence
  ➢ Arbitration
  ➢ Litigation
  ➢ FIR and General Diary

• Public Interest Litigation

Criminal Justice System

• Indian Penal Code
• CrPC
• Reforms in Jails/Juvenile Homes
• Legal Aid

C. Special Lecture delivered by RAHI FOUNDATION
Introduction (setting rapport, about RAHI, outline of course, self-care for survivors):
Definition of Incest/Child Sexual Abuse, Range, Terminology, Statistics/Historical Perspective
Myths & Reality
Abuser Profile (including tactics, relationship between victim & abuser especially in incest);
How Incest/Child Sexual Abuse occurs; What children feel, Why children don’t talk
Unique type of trauma (Finklehor): Indicators in children – sexual, medical and behavioural indicators
Long-term impact : Focus on Case Studies, Recovery
Book Reading Session
POCSO Law and Restorative Justice
Handling Disclosure: Do’s and Don’ts through Group Exercise and Presentation
RAHI Model of Healing
Film Screening followed by Q&A session
Survivor Session

D. Human Rights of Disabled Persons
- Understanding Disability
- Types of disability
- Causes of disability
- Approaches & Challenges for mainstreaming
- International and national mechanisms to protect and promote the Rights of Persons with Disability
- Little steps one can take towards an inclusive world
Activities:
1. Understanding ‘Disability’ : construction of the concept
2. Cause Identification : Painting
3. Understanding Challenges: i) Role Play – crossing the road; ii) Eyes of your partner – a walk to the garden; iii) Attention to details – sounds around you (make up stories)
4. Different approaches to overcoming challenges : i) Short Film on Challenges by Sanchar A.R.O.D; ii) Discovering sign language; iii) Mime (strengths and
weaknesses); iv) Case Study Analysis – group discussion to find out possible ways of overcoming challenges

5. Understanding international and national mechanisms: Case Study Analysis

6. Appreciating little steps one can take towards an inclusive world: i) Sharing of success stories (Ms. Priyanka Ghosh, Ms. Struti Kanthal; ii) Planning a Campaign – How? Why? Analyze the steps and effectiveness

E. Field Work

- Field trip
- Field Work Report Submission
- Research Methodology